**COVER LETTER**

**Submission date: March, 9th 2020**

**Address to the Chief of Editor:**

Dwi Nur Ahsani, MD, M.Sc

Editor in Chief

Jurnal Kedokteran dan Kesehatan Indonesia

Dear Dwi Nur Ahsani, MD, M.Sc,

We are pleased to submit our manuscript entitled: “Irregular Menstrual Cycle as A Risk Factor of Type 2 Diabetes Mellitus in Women of Childbearing Age”, for consideration as an original article. This study is a case-control study, evaluating irregular menstrual cycle as a risk factor of type 2 diabetes mellitus in women of childbearing age with body fat percentage, waist-hip ratio, diet quality, and physical activity as confounding factors. We found that the irregular menstrual cycle is a risk factor of type 2 diabetes mellitus, especially in obese women of childbearing age.

We are sure that Jurnal Kedokteran dan Kesehatan Indonesia readers will be interested in our study because research on menstrual cycle disorders as a risk factor for diabetes mellitus is still limited, especially in women of childbearing age.

This manuscript has not been previously published and is not under consideration in the same or substantially similar form in any other peer-reviewed media.

Sincerely,

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**Reviewers suggestion**

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